



BlueCross BlueShield  
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and Blue Shield Association

## 2012 FAMILY HEALTH & SPORTS FESTIVAL

Daughters of Charity, Tulane Medical Center, Tulane School of Medicine,  
EXCELth Inc., and LSU School of Dentistry

**Saturday, April 21, 2012**

**10:00 a.m. to 3 p.m.**

Dillard University Campus  
2601 Gentilly Blvd.  
New Orleans, LA



- Blood Pressure Screenings • Diabetes Testing • Eye Exams • Rapid HIV Screening • Heart Disease  
• Stroke Prevention, •Glucose & Cholesterol Screenings, •Dental Screenings,
- Enjoy Sports Activities: Baseball, Football, Golf Lessons, Tennis, Basketball, Volleyball, etc.  
• Enjoy giveaways! Exhibitors! Entertainment! Food, and much much more!!!!

### • **AARP** Walk for Fitness!

AARP Soul Steppers Walking Clinic and Community Walk will meet at the walking trail located on Dillard's campus beginning at 10:00a.m. on Kabacoff Plaza. The Walking Clinic will be divided into three levels: beginner, intermediate and advanced making it helpful for all walkers. Each participant will receive an AARP pedometer and a water bottle.



### • **Bicycle Ride!**

KidsWalk Coalition and Metro Bicycle Coalition will conduct a bicycle safety clinic and lead a bike ride through the Gentilly neighborhood. The ride will start at Dillard head east to Franklin Ave and back to Dillard.

**This is a Free Citywide Community Event!**

Contact Dillard University Community Development Corporation  
Nick Harris at 504-816-4704

**“ Addressing Youth Obesity through Healthy Lifestyles”**



Dillard University is proud to host the 6th Annual Family Health & Sports Festival!!!

Activities for the whole family including diabetes testing, blood pressure screenings, dental screenings, walking clinic, bicycle safety clinic and more!!!

Concerned about your health or the health of someone you love? Get expert advice from local doctors, nurses and health care providers on a range of health issues including childhood obesity.

Entrance to the event is free and open to the public. For questions or more information, contact Nick Harris at (504) 816-4704 or email [nharris@dillard.edu](mailto:nharris@dillard.edu).

