



Contraception Policy

Student Health Services intend to educate students and provide safe and effective methods to prevent any unintended pregnancy while in attendance at Dillard University.

The purpose of this policy is to ensure that any student of Dillard University requesting information or use of contraception has been evaluated by a licensed medical provider and provided the benefits and risks of receiving contraception.

Abstinence is the only 100% effective method of preventing any pregnancy compared to other contraceptives.

Dillard University Student Health Services prescribes the following contraceptives:

- **Oral Contraceptives:** Also known as “the pill”, this contains hormones estrogen and progestin. A pill is taken at the same time each day and is 92-99% effective at preventing pregnancy.
- **Mini Pill:** This pill has only one hormone, progestin. It is taken at the same time each day and is 92-99% effective at preventing pregnancy.
- **Depo-Provera Injection:** This injection is given every 3 months. It is 97-99% effective at preventing pregnancy.

The following guidelines must be adhered to before initiating any contraception at Dillard University Student Health Services.

1. Completed Gynecological history form on file.
2. Completed Birth Control questionnaire on file.
3. The student must be 18 years of age, and present a copy of a current Dillard University Identification card.
4. A documented negative pregnancy test is on file.
5. Signed agreement and consent regarding risk and benefits associated with the use of selected and agreed upon contraception.
6. If risk factors and behavior of the student at any time will cause harm to self or others, or lifestyle behavior choices are unbecoming of a Dillard Student according to the current *Dillard University Student Handbook*, the provider may wish to discontinue the patient-provider relationship at any time without cause.